

1K For One Cause

Saturday, September 19, 2015 11:30 a.m. Mason, Ohio



Come on out and enjoy a fun, easy 1K from Heritage Oak Park to Wildflower Café in Mason. Your entry fee will get you a T-Shirt, 1K Magnet, a Burger and Drink at the finish line at **Wildflower Café**, and help support the Karen Carns Foundation. The after party will also include music by the band **The Counting Skeletons** and **Goose Island Beer** from our wonderful sponsor **Heidelberg Distributors**.

Entry Fees:

\$20 Student Pre-registration \$25 Student Event-day entry

\$25 Adult Pre-registration \$30 Adult Event-day entry

*all pre-registrations received by 9/1/15 are guaranteed a t-shirt in the size of their choice

Location: Starts at Heritage Oak Park, 4601 US-42, Mason, OH; ends at Wildflower Café, 207 E. Main Street, Mason, OH

Parking: Heritage Oak Park parking lot (no parking at Wildflower Café)

For further information contact 513-923-5280 or email kcfboxoffice@gmail.com

Name: _____
Address: _____
Phone: _____
Email Address: _____
In case of emergency, contact/phone:
Name/Relationship: _____
Phone: _____

* If you are unable to make it to the 1K For One Cause, please consider sponsoring one of our families.

T-shirt Size: XS S M L XL XXL

Make checks payable to: "Karen Carns Foundation" and mail to:
Karen Carns Foundation, 4600 N. Mason-Montgomery Road, Mason, OH, 45040 OR
Pay online at www.karencarnsfoundation.org using the "Donate" button;
Please indicate "1K" in description field

Release: Karen Carns Foundation 1K for 1 Cause

In consideration of the foregoing, I for myself, my executors, administrators and assigns, state that I understand that my participation in the Karen Carns Foundation 1K involves certain risks of injury, both known and unknown, and that I do hereby release and discharge the City of Mason, the Karen Carns Foundation, event director, event officials, volunteers, and any and all sponsors including their agents, employees, and assigns ("discharged parties"), or anyone for or on their behalf, for all damages, demands, action and causes of action whatsoever, in any manner, advising or growing out of participation in said 1K including releasing the discharged parties for all causes of action and damages associated with or related to the discharged parties' negligence. I certify that I have run or walked this distance or longer and I am in adequate physical condition to complete the event I have entered.

Signature: _____ Print Name: _____
Signature of parent/guardian if under 18: _____ Print Name: _____